

### **Four-needle Knitting: Socks & Mittens**

**Instructor:** Verla Brooks

Learn to knit mittens and socks using 4 needles! It is fun and easy. You must have basic knitting skills. For those knitters who want a challenge the instructor will teach them to knit double-knit mittens with a design. A materials list is available in the office or online.

**Begins:** Thursday 2/4 (5wks)

**Time:** 6:00PM-8:30PM

**Fee:** \$30.00

**Material Fee:** Get materials list from Ad Ed office!

**Location:** LACE 19 Gartley Street Lisbon

### **Tole Painting: Folk Art**

**Instructor:** Marge Otis

Wouldn't you love to have a piece of handcrafted art in your home that you can say, "I made that!"? Join us for a relaxing and creative workshop to make a piece to add to your folk décor. Please call the office for details on materials & design and to see an example on display!

**Begins:** Tuesday 3/2 (2wks)

**Time:** 6:00PM-8:30PM

**Fee:** \$20.00

**Material Fee:** \$10.00

**Location:** LACE 19 Gartley Street Lisbon

### **Beading Fun-Earrings**

**Instructor:** Alene Staley

Explore your creativity and have fun learning basic beading techniques. Make as many pairs of earrings you'd like. Basic materials and tools will be provided. You're welcome to bring materials of your own if you already have a project in mind. Examples are on display!

**Begins:** Thursday 3/25 (2wks)

**Time:** 6:00PM-8:00PM

**Fee:** \$20.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Easter Crafts for Kids**

**Instructor:** Joyce Elwell

Hippity Hop! Easter is on its way! Come celebrate by creating beautiful decorations for your home and welcome the sun, the fresh green grass and the flowers back. We'll provide all that you need to make this season a festive one. Kids, make as many projects as you'd like!

**Begins:** Monday 4/5 (1wk)

**Time:** 6:00PM-7:00PM

**Fee:** \$5.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Valentine's Day Crafts for Kids**

**Instructor:** Joyce Elwell

Get in the Valentine's mood by joining this fun workshop. Handcrafting your own valentine cards and presents is a longtime tradition. All materials will be provided and kids can make as many valentines as they would like. Register early to ensure this class will run!

**Begins:** Monday 2/8 (1wk)

**Time:** 6:00PM-7:00PM

**Fee:** \$5.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **St. Patrick's Day Crafts for Kids**

**Instructor:** Joyce Elwell

Do you have the luck o' the Irish? Gather to create fun and festive St. Patty's Day crafts! Don't get caught without your green. We'll make decorations to hang in your house and maybe something to wear so you won't get pinched by a leprechaun!

**Begins:** Monday 3/8 (1wk)

**Time:** 6:00PM-7:00PM

**Fee:** \$5.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Painting in Oils**

**Instructor:** May Cote

Need a great stress reliever? Oil painting is a great way to overcome stress. This course will let you release the artist within you. Bring your imagination and come have fun exploring new techniques. Drawing skills are not necessary. Bring a picture if you have a project in mind!

**Begins:** Wednesday 3/31 (8wks)

**Time:** 6:00PM-8:30PM

**Fee:** \$50.00

**Material Fee:** Get materials list from Ad Ed office!

**Location:** LACE 19 Gartley Street Lisbon

### **Tole Painting: Flowers**

**Instructor:** Marge Otis

Welcome back the nature of spring with a project to invite a little nature into your home. Join us to create a piece to add to your décor that brightens the space and give you the pride of knowing that you made it yourself! Please call the office for details on material and design.

**Begins:** Tuesday 4/6 (2wks)

**Time:** 6:00PM-8:30PM

**Fee:** \$20.00

**Material Fee:** \$10.00

**Location:** LACE 19 Gartley Street Lisbon

### **Drawing in Different Media**

**Instructor:** Claire Robichaud

Learning to draw in different media is an ongoing process of discovery. In this class we will learn to draw by observation. Train your eyes to see with the vision of an artist! Focus will be on creating light in your artwork. We will also work on developing personal style!

**Begins:** Wednesday 4/7 (6wks)

**Time:** 5:30PM-8:30PM

**Fee:** \$60.00

**Material Fee:** Get materials list from Ad Ed office!

**Location:** LACE 19 Gartley Street Lisbon

### **May Day Crafts for Kids**

**Instructor:** Joyce Elwell

So many things to celebrate in May! First May Day has been celebrated since ancient times starting in Europe. Come make a flower-filled May basket for somebody special. However, don't forget Mom! Kids are welcome to make as many projects as they want for either!

**Begins:** Monday 5/3 (1wk)

**Time:** 6:00PM-7:00PM

**Fee:** \$5.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Red Cross Certified CPR/First Aid & AED**

**Instructor:** American Red Cross

ARC courses are designed to give you the confidence to respond in an emergency situation with skill that can save a life. Whether you have children, need training for your job or simply want to know how to help in a crisis this course is perfect for you. Must attend all three days.

**Begins:** Tue 3/16, Wed 3/17, Thu 3/18 (3 days)

**Time:** 5:30PM-9:00PM (all three days)

**Fee:** \$67.00

**Material Fee:** included

**Location:** LACE 19 Gartley Street Lisbon

### **Introduction to Microsoft Word**

**Instructor:** TBA

In your job search you'll find that computer and word-processing skills are a must to stay competitive. Employers are looking for people that are comfortable with computers and can manage tasks in a professional and efficient way. Here's your chance to get started!

**Begins:** Monday 2/22 (8wks)

**Time:** 6:00PM-8:00PM

**Fee:** \$55.00

**Material Fee:** Book \$36.00

**Location:** LACE 19 Gartley Street Lisbon

### **Beading Fun-Bracelets**

**Instructor:** Alene Staley

Continue what you learned in basic earrings and make a simple bracelet! Basic materials and tools will be provided. If you already have a project in mind feel free to bring your own materials of your choice. Samples of finished projects are on display in the Ad Ed office.

**Begins:** Thursday 4/8 (2wks)

**Time:** 6:00PM-8:00PM

**Fee:** \$20.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Red Cross Certified Babysitting Training**

**Instructor:** American Red Cross

If you, or someone you know, is between 11 and 15 and wants to learn more about caring for children this is the perfect opportunity to increase those skills. This course covers accident prevention, response to crisis, and skills with infants. Students must attend both days.

**Begins:** Wed 2/17, Thu 2/18 (2 days)

**Time:** 9:00AM-3:00PM (both days)

**Fee:** \$52.00

**Material Fee:** included

**Location:** LACE 19 Gartley Street Lisbon

### **Red Cross Certified First Aid for Pet Owners**

**Instructor:** American Red Cross

Have the confidence and skills necessary to tend to an unexpected emergency until you can get to a veterinarian! This course will cover recognizing emergencies, medications, animal CPR, common emergencies, and how to stock a pet first aid kit.

**Begins:** Wednesday 4/28 (1 wk)

**Time:** 5:30PM-8:30PM

**Fee:** \$32.00

**Material Fee:** included

**Location:** LACE 19 Gartley Street Lisbon

### **Computers for Beginners 50+**

**Instructor:** TBA

It seems, today, that everybody needs computer skills in order to stay in touch, stay organized and keep current on the skills necessary for work. If you need to learn how to get started with computers this class is a relaxing, even-paced environment to learn the basics!

**Begins:** Tuesday 2/23 (8wks)

**Time:** 4:00PM-6:00PM

**Fee:** \$55.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Introduction to Microsoft Excel**

**Instructor:** TBA

Excel has become, and continues to be, an enormously valuable program for businesses both small and large. Even if you already have cutting-edge computers skills not knowing the Excel program can seriously effect your ability to get jobs. Learn the fundamentals of this spreadsheet program and start to get an idea about how this program could be of use to you in your job and in your personal life. The possibilities are endless and you'll wonder how you managed before knowing Excel!

**Begins:** Tuesday 2/23 (8wks)

**Time:** 6:00PM-8:00PM

**Fee:** \$55.00

**Material Fee:** Book \$36.00

**Location:** LACE 19 Gartley Street Lisbon

### **The Tradition of Casseroles**

**Instructor:** Ruth Cyr

A New England favorite, casseroles have been a staple in Maine for a long time. We all enjoy them, but sometime we can be intimidated in trying to make them. This class teaches the basics of putting a casserole together and how easy it can be. Join us in making casseroles. Come with an appetite; we'll be eating our creations. Get recipes and step by step instructions to take home and get hands-on experience. Bring containers for leftovers to bring home. You'll be on your way to being known for your terrific creations!

**Begins:** Thursday 2/4 (1wk)

**Time:** 6:00PM-8:00PM

**Fee:** \$15.00

**Material Fee:** none

**Location:** LHS 2 Sugg Drive Lisbon Falls

### **Freezing Meals for Families on the Go!**

**Instructor:** Ruth Cyr

Taking the kids to their activities, working, shopping; the list goes on and you want them all to have a good meal, but where do you find the time? Freezing meals are the best alternative, it's convenient and you'll always have a good meal to put on the table. Learn which foods freeze best and step by step on the best way to freeze meals, which containers to use what works best plus great recipes to get you started. Take home a meal to freeze. It's fun with hands-on experience.

**Begins:** Thursday 4/1 (1wk)

**Time:** 6:00PM-8:00PM

**Fee:** \$15.00

**Material Fee:** none

**Location:** LHS 2 Sugg Drive Lisbon Falls

### **Introduction to Microsoft Office**

**Instructor:** TBA

Professional environments need people that know how to take full advantage of the Microsoft Suite! Come explore the functions and value of knowing how to use Word, Excel, PowerPoint, and touch upon Outlook and Access. These programs contain many possibilities and once you've been introduced to their potential you can begin to discover how to put them to use in both your home life and your career. Wow employers with your ability to master tasks with this widely-used program.

**Begins:** Wednesday 2/24 (8wks)

**Time:** 6:00PM-8:00PM

**Fee:** \$55.00

**Material Fee:** Book \$36.00

**Location:** LACE 19 Gartley Street Lisbon

### **Soups, Stew, Chili and More!**

**Instructor:** Ruth Cyr

It's cold outside and wouldn't a cup of hot soup be delicious this time of year? Join our class and make some great soups, stews, and/or chili. It's a fun class with lots of hands-on experience. We'll be using fresh and frozen vegetables and find out which seasonings go best with beef, chicken or pork, learn how to thicken your soup and is it O.K. to use can broth or should you make your own? Get recipes and don't forget to bring containers to take leftovers home.

**Begins:** Thursday 3/4 (1wk)

**Time:** 6:00PM-8:00PM

**Fee:** \$15.00

**Material Fee:** none

**Location:** LHS 2 Sugg Drive Lisbon Falls

### **Fly Tying for Beginners**

**Instructor:** Kevin Karnes

There is nothing more gratifying than catching a fish on a fly you hand tied. This is a class designed to teach students the basic skills and techniques needed for discovering the exciting world of fly tying. All equipment and materials will be provided for your use. Students are also encouraged to bring any of their own vices and tools if they have them. If students are interested in furthering their skills please let the instructor know you're interested in future sessions.

**Begins:** Tuesday 2/2 (5wks)

**Time:** 6:00PM-8:00PM

**Fee:** \$50.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **IF&W Snowmobile Safety Education**

**Instructor:** Inland Fisheries & Wildlife

Participation in a snowmobile education course will teach how to properly operate and maintain a snowmobile. Laws, responsibilities and personal safety will also be covered. Passage of a final exam is required. You must attend every day of the class in order to receive your certificate. This course is for 6 hours and covers proper operation and safety, laws, emergencies & survival, map & compass, self help first aid, and environmental & landowner ethics. Choose A OR B.

**Session A:** Saturday 1/23 9:00AM-3:00PM

**Session B:** Wed 2/17, Thu 2/18 3:00PM-6:00PM

**Fee:** \$5.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **IF&W Crossbow Hunter Safety Education**

**Instructor:** Inland Fisheries & Wildlife

Crossbow is an extension of Archery and evidence of successful completion of archery must be provided upon registering. With a valid crossbow license, one may hunt with a crossbow during the open season on bear, and may hunt with a crossbow during the open firearm season on deer. This course lasts 3.5 hrs and covers topics such as history & modern crossbows, responsibility & ethics, accessories, shooting & handling, special concerns and laws & safety.

**Begins:** Saturday 3/20 (1wk)

**Time:** 5:00PM-8:00PM

**Fee:** \$5.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **IF&W All-terrain Vehicle Safety Education**

**Instructor:** Inland Fisheries & Wildlife

Participation in an ATV education course will teach how to properly operate and maintain an ATV. Laws, responsibilities and personal safety will also be covered. Passage of a final exam is required. You must attend every day of the class in order to receive your certificate. The course runs for 6 hours and covers proper operation and safety, laws, emergencies & survival, map & compass, self help first aid, and environmental & landowner ethics.

**Begins:** Tue 5/4, Wed 5/5 (2 days)

**Time:** 6:00PM-9:00PM

**Fee:** \$5.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **IF&W Archery Hunter Safety Education**

**Instructor:** Inland Fisheries & Wildlife

An archery education course will provide a student with a wealth of knowledge regarding equipment, proper hunting methods, responsibilities, and general safety. Class will have some outdoor exercises. Passage of a final exam is required. You must attend both days of the class in order to receive your certificate. The course runs for 10 hours and covers laws, safety, equipment, first aid & survival, map & compass, ethics, and landowner relations.

**Day #1:** Wed 3/10 6:00PM-9:00PM

**Day #2:** Sat 3/20 9:00AM-4:00PM

**Fee:** \$5.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **IF&W Boating Safety Education**

**Instructor:** Inland Fisheries & Wildlife

Participation in a boating education course will teach how to properly operate and maintain a boat. Laws, responsibilities and personal safety will also be covered. Passage of a final exam is required. You must attend every day of the class in order to receive your certificate. This class is for 6 hours and covers such topics as proper operation & safety (boating handling-equipment-trailing), laws, emergencies & survival (cold water) self help first aid, and environmental ethics.

**Begins:** Tue 4/13, Wed 4/14 (2 days)

**Time:** 6:00PM-9:00PM

**Fee:** \$5.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **IF&W Firearms Hunter Safety**

**Instructor:** Inland Fisheries & Wildlife

This basic mandatory course consists of classroom instruction beyond "gun safety". It covers the following topics: proper handling, rifle and shotgun, survival/first aid, hunter ethics, map & compass, and landowner relations. Students are provided with a handbook, outdoor survival information, and handouts. There are lectures and demonstrations, homework, and a final written exam. You must attend every day of the class in order to receive your certificate.

**Begins:** Tue 5/11, Thu 5/13, Tue 5/18, Thu 5/20, Tue 5/25

**Time:** 6:00PM-9:00PM

**Fee:** \$5.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### Readers Anonymous Book Club

**Instructor:** Alene Staley

Join us for a round table of reading for pleasure and discussion about current literature. Selections are as follows: Jan 28th [Any Bitter Thing](#) by Monica Wood, Feb 25th [The White Tiger](#) by Aravind Adiga, Mar 25th [Francesca's Kitchen](#) by Peter Pezelli, Apr 29th [The Piana Teacher](#) by Janice Y.K. Lee, May 27th [The Little Giant of Aberdeen County](#) by Tiffany Baker. All selections are available in paperback. Meetings are every 4th Thur of the month at 6:30PM.

**Begins:** Thursday 1/28 (5 meetings)  
**Time:** 6:30PM-8:30PM  
**Fee:** Free  
**Material Fee:** Most selections are in local libraries.  
**Location:** LHS 2 Sugg Drive Lisbon Falls

### Astrology & Birthcharts for Beginners

**Instructor:** Leah Zegoris

Join us for a night of meaningful instruction aimed towards a basic understanding of the signs of the zodiac and the planets that govern them, with the ultimate goal being the construction of the birth chart. Part 1: Acquaints the student with characterizations and the harmonics of astrology. Part 2: will be made available as demand dictates. Participants in the class will each receive a personalized professional birth chart and initial reading FREE!

**Begins:** Wednesday 4/14 (6wks)  
**Time:** 6:00PM-8:30PM  
**Fee:** \$65.00  
**Material Fee:** \*Optional book list available in office  
**Location:** LACE 19 Gartley Street Lisbon

### Yoga: Beginning

**Instructor:** Teresa Lebel

Yoga is one of the most popular forms of exercise and relaxation today with many documented health benefits. Learn about yoga, postures, and breathing techniques. Beginners as well as those with experience are welcome. Nurture your body and feed your spirit. Bring a blanket or mat, and pillow to sit on and a bottle of water to stay hydrated. Wear flexible layered clothing, and please remember it is important to consult your doctor before beginning any exercise routine.

**Begins:** Tuesday 2/2 (10wks)  
**Time:** 5:15PM-6:45PM  
**Fee:** \$60.00  
**Note:** Consult a Dr. before starting any exercise routine  
**Location:** LACE 19 Gartley Street Lisbon

### Real Estate Inspections for Homeowners

**Instructor:** Roger Roy

At what point during the home buying process should you get an inspection? Who should do the inspection? What are some of the "problem signs" and what are the deal makers and breakers? Join us for a night of home searches, the buying process, and making a sound purchase decision. An experienced home inspector with a wealth of knowledge encourages you to bring your questions as there will be a Q&A segment at the end of class.

**Begins:** Wednesday 3/10 (1wk)  
**Time:** 6:00PM-8:00PM  
**Fee:** Free  
**Material Fee:** none  
**Location:** LACE 19 Gartley Street Lisbon

### Pilates

**Instructor:** Dawn Walker-Elders

Pilates is a practice of precise movements to strengthen your center, your "powerhouse." In class you will work on stretches and strengthening movements to help you find balance and alignment in your body, which will affect and improve everything you do! All movement is done gently and rhythmically to provide the right amount of challenge for your body. Class participants should wear comfortable, flexible clothing, and should bring a mat, a towel, and a water bottle.

**Begins:** Mondays & Wednesdays 1/25 (8wks)  
**Time:** 7:00PM-8:00PM  
**Fee:** \$50.00  
**Note:** Consult a Dr. before starting any exercise routine  
**Location:** LACE 19 Gartley Street Lisbon

### Yoga: Continuing

**Instructor:** Teresa Lebel

Yoga is one of the most popular forms of exercise and relaxation today with many documented health benefits. This class is for students who have some experience with yoga and who would like to learn more advanced postures and techniques. Nurture your body and feed your spirit. Bring a blanket or mat, and pillow to sit on and a bottle of water to stay hydrated. Remember to wear flexible layered clothing, and consult your doctor before beginning a new routine

**Begins:** Tuesday 2/2 (10wks)  
**Time:** 7:00PM-8:30PM  
**Fee:** \$60.00  
**Note:** Consult a Dr. before starting any exercise routine  
**Location:** LACE 19 Gartley Street Lisbon

## **Zumba!**

**Instructor:** Adriene Kramer

Zumba is the newest craze in physical fitness! Pair invigorating movements with Latin music and you have a fitness regiment that is fun, energetic, social, and makes the time fly by! This course is planned for the spring semester and requires AT LEAST 10 participants to really pump up the energy in the room. Make sure you sign up early to reserve your spot AND to ensure that the class will be able to run. Join the thousands that have discovered a fusion of good times and great exercise!

**Begins:** Thursday 4/1 (6wks)

**Time:** 5:30PM-6:30PM

**Fee:** \$60.00

**Note:** Consult a Dr. before starting any exercise routine

**Location:** LACE 19 Gartley Street Lisbon

## **Middle Eastern Belly Dance: Beginning**

**Instructor:** Chontel MacMunn

Release your inner child, to come out and play. Have fun dancing from the inside out in a warm and welcoming environment. No prior dance experience needed, just an open heart and sense of humor. Suitable for age 16 to 100. Wear something loose, flexible and comfortable to dance in and don't forget a bottle of water to stay hydrated. The beginning session is for people that are curious and interested in learning basic movements and a little bit of history.

**Begins:** Monday 2/22 (4wks)

**Time:** 5:45PM-6:45PM

**Fee:** \$48.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

## **Learn Line Dancing Basics**

**Instructor:** Diane Williams

Join the fun and get fit too. Line dancing is a popular way to have a fun night out while getting lots of healthy exercise. No previous dance experience is required. Come and kick up your heels even if you have two left feet! It's not about being Ginger Rogers or Fred Astaire: it's about good times, great company and physical activity! Each different dance will be taught and the teacher will adapt the level of instruction to match the interests of the students in the class.

**Begins:** Tuesday 4/27 (5 wks)

**Time:** 6:30PM-7:30PM

**Fee:** \$35.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

## **Basic Home Firearms Safety**

**Instructor:** Jonah Bloom

Keeping our families safe is essential and making sure our homes are a safe place is of the utmost importance. If you own firearms, whether it is for protection, recreation or profession, knowing how to securely keep them in your home will ensure that safety. Topics to be covered will be storage cases, locations, locks, and firearm handling and awareness. This class is appropriate for all members of the household in order to keep our community safe!

**Begins:** TBA Please call the Ad Ed office

**Time:** TBA Please call the Ad Ed office

**Fee:** \$25.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

## **Middle Eastern Belly Dance: Continuing**

**Instructor:** Chontel MacMunn

Release your inner child, to come out and play. Have fun dancing from the inside out in a warm and welcoming environment. No prior dance experience needed, just an open heart and sense of humor. Suitable for age 16 to 100. Wear something loose, flexible and comfortable to dance in and don't forget a bottle of water to stay hydrated. The continuing session is for people interested in learning some advanced movements and putting all the basics together for a larger piece!

**Begins:** Monday 3/22 (4wks)

**Time:** 5:45PM-6:45PM

**Fee:** \$48.00

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

## **Strong Women-Powerful Financial Strategies**

**Instructor:** Jane Rice

Women face some unique issues when planning their financial future. This class addresses the concerns of women and specific issues that affect them in financial planning. This class is designed to give women the solid financial strategies needed to achieve peace of mind and financial security. Planning your nest egg and investment behaviors will be discussed. This workshop is offered at no cost and pre-registration is requested. Bring your specific concerns for Q&A's

**Begins:** Tuesday 2/2 (1wk)

**Time:** 6:00PM-7:30PM

**Fee:** Free

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Helping You Plan for a New Retirement**

**Instructor:** Jane Rice

We'll address concerns of the pre-retiree or early retiree, including defining a vision for retirement, assessing benefits packages, anticipating how expenses change and defining risk tolerance. We will discuss what can be expected from S.S. taxation in retirement. The class covers protection issues, and basic investment concepts such as investment risk, asset allocation and investment mix. Accessing retirement savings or rolling over company sponsored plans are discussed, too.

**Begins:** Tuesday 2/9 (1wk)

**Time:** 6:00PM-7:30PM

**Fee:** Free

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Self-employment and Small Business Taxes**

**Instructor:** Kerry Robinson

Do you have a small business or are you self-employed? Do you have an in home office? If so, are you aware of all the tax consequences? Come to this course and learn about how to prepare for the upcoming tax season. Learn excellent record keeping techniques to minimize your tax liability. An experienced tax professional will explain both obvious and overlooked expenses that can be deducted, including car expenses. Come prepared with questions for our tax professional to answer.

**Begins:** Thursday 3/4 (1wk)

**Time:** 6:00PM-7:30PM

**Fee:** Free

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Know Your Way Around a Mortgage**

**Instructor:** Linda Wyman

Join us for 3 segments in a 1-night workshop. We'll discuss the structure and process of a mortgage (refinance + purchase), what is needed to qualify for a mortgage with definitions, what the market is like including owner/occupied investments, bank owned and short sale purchases. Remember; there is still the viable option of the tax credit for home buyers! Come learn how to take advantage of the many benefits of real estate investment.

**Begins:** Thursday 3/25 (1wk)

**Time:** 5:30PM-8:30PM

**Fee:** Free

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Tax Law Changes and Updates**

**Instructor:** Kerry Robinson

This class is for every taxpayer! Do the new tax laws have you stumped? Are you even aware of the new tax laws? Let us help you make sense of it all. An experienced tax professional will explain what changes may affect you. Don't miss the opportunity to reduce your tax liability and potentially increase your return. Come prepared with questions for our tax professional to answer. This course is offered at no cost by H&R Block and pre-registration is requested.

**Begins:** Thursday 2/25 (1wk)

**Time:** 6:00PM-7:30PM

**Fee:** Free

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Education Tax Credits and Saving for College**

**Instructor:** Kerry Robinson

Do you have children in college, or will they be entering soon? You may qualify for a tax credit or deduction. An experienced tax professional will explain these tax savings, along with student loan interest deduction. Do you have young children? Let us help you learn how to save for college and reduce taxes on those savings. Learn excellent record keeping techniques to take full advantage of the benefits. Don't miss the opportunity to reduce your tax liability.

**Begins:** Thursday 3/11 (1wk)

**Time:** 6:00PM-7:30PM

**Fee:** Free

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Building Wealth with a Multi-Unit**

**Instructor:** Linda Wyman

In this economy the real estate market inventory is flooded with choices for the conscientious investor. If you've been saving wisely this may be your chance to cash in and build wealth while having the satisfaction of owning your own home. Why pay a mortgage by yourself when you can invest in a multi-unit and reap the benefits of collecting a rent and using maintenance, repair and equity-building costs as a tax deduction? Bring your questions as this night is full of information!

**Begins:** Thursday 4/8 (1wk)

**Time:** 6:00PM-8:00PM

**Fee:** Free

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

## Accounting I

**Instructor:** Pat Evanisko

The students in this course will be introduced to beginning accounting, how to maintain journals and the general ledger, and prepare basic financial statements. This course is ideal for beginners and for people who are looking for a refresher course. Participants seeking a certificate in accounting skills should make an appointment to learn about what other classes must be taken. This course is Part I of a two-part course. Part II is offered based on student demand.

**Begins:** Monday 2/1 (8wks)

**Time:** 6:00PM-8:00PM

**Fee:** \$50.00

**Material Fee:** Book Deposit \$10 Workbook \$10

**Location:** LHS 2 Sugg Drive Lisbon Falls

## Becoming and Adult Education Instructor

**Instructor:** Sara Flowers

Do you have some talents or passions that have yet to be unleashed? Come join us for a night of information to learn a little about how the Adult Education program in Lisbon works. We'll cover topics such as community needs, class preparation, student demographics, lesson planning, space usage, scheduling, office operations and more! Bring with you an idea as to what you can share with this community and we'll give you the tools and opportunity to put your plans into motion.

**Begins:** Wednesday 4/7 (1wk)

**Time:** 5:30PM-7:30PM

**Fee:** Free

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

## Writing and Effective Essay

**Instructor:** Sara Flowers

There are many reasons why it is important to possess effective writing skills. Whether you're trying to pass your GED or Accuplacer, or if you just want to know how to effectively speak your mind in letters to the editor or well-worded letters to businesses. Writing skills are essential! A variety of writing scenarios will be discussed to address real-life situations. Participants must attend all 5 classes for high school diploma credit. This is Part I of the spring English course.

**Begins:** Wednesday 1/20 (5wks)

**Time:** 5:30PM-8:30PM

**Fee:** \$50.00 for non HSD students

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

## Substitute Teacher Training

**Instructor:** Wendy LeGloahec

Come learn the fundamentals for becoming a substitute teacher for public schools. The series will include tours of each of the Lisbon School Department's 3 schools: Lisbon Community School, Philip W. Sugg Middle School and the Lisbon High School. Class time will be spent discussing readings from the required text and a platform for discussion, sharing of experiences and valuable anecdotes about the rewards and challenges of substitute teaching.

**Begins:** Monday 3/1 (3wks)

**Time:** 4:00PM-6:00PM

**Fee:** \$30.00

**Material Fee:** Book \$28.00

**Location:** LHS 2 Sugg Drive Lisbon Falls

## Algebra 1

**Instructor:** Jen Robitaille

For students looking at entering the college arena having the basic college preparation classes under your belt is very important! This course provides a basic foundation in Algebra including equations and inequalities, polynomials, rational expressions, ratios and proportions, graphing techniques, linear equations, variables and problem solving techniques. Students will be given the tools to be successful at the Accuplacer exam for college entrance!

**Begins:** Tuesday 1/19 (15wks)

**Time:** 5:30PM-8:30PM

**Fee:** \$50.00 for non HSD students

**Material Fee:** Book Deposit \$10.00

**Location:** LACE 19 Gartley Street Lisbon

## Ecology and the Natural World

**Instructor:** Adam St. Hilaire

This section will focus on the natural order of the world, and what the nature we're trying to protect looks like without human interference. This is a biology unit. It sets up the reasoning behind why we care about pollution, but it is for students that already understand nature or are more concerned with the "how" than the "why." Multiple topics are covered and credit is offered to HSD students taking all three sections of Environmental Science.

**Begins:** Thursday 1/21 (5wks)

**Time:** 5:30PM-8:30PM

**Fee:** \$50.00 for non HSD students

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Evening PLATO Lab [Thursday]**

**Instructor:** Travis Crafts

Plato is a computer-managed learning system. It offers individualized, self-paced, modules of study in math, reading, writing, science, GED preparation and other areas. The Plato Learning Lab is an ideal way to refresh your knowledge and skills in a particular subject or to prepare for college placement tests or employment tests. A teacher is available to assist you. Plato is a flexible learning system and is ideal for students who need time and flexibility to meet educational goals.

**Begins:** Thursday 1/21 (15wks)

**Time:** 5:30PM-8:30PM

**Fee:** \$25.00 for non Lisbon residents

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Freedom Ride up to 1800**

**Instructor:** Corinna Miller

Come explore the ride to freedom the American people took to gain their independence. We will not only explore our liberties but also the people who influenced American freedoms. This course is worth one third of a high school diploma credit toward elective fulfillment or fulfillment of the U.S. History requirement. This is Part I of the three-part U.S. History topics course this semester. Enrichment seekers are welcome to join for discussion and assignments will be optional.

**Begins:** Monday 1/25 (5wks)

**Time:** 5:30PM-8:30PM

**Fee:** \$50.00 for non HSD students

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Pollution and Humans**

**Instructor:** Adam St. Hilaire

This is the Earth Science section with a splash of Chemistry. We'll discuss what pollution is, who contributes to it and the impact of it. This unit relies heavily on Geology, which is prudent to understanding pollution but is usually absent from many Environmental Science textbooks. Multiple topics are covered and credit is offered to HSD students taking all three sections of Environmental Science. Enrichment seekers are welcome to join and assignments will be optional.

**Begins:** Thursday 3/4 (5wks)

**Time:** 5:30PM-8:30PM

**Fee:** \$50.00 for non HSD students

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Resource Director for Young Adults**

**Instructor:** Bridget McAlonan

It's not easy being young today but there is strength in the ability to connect and share the resources that are out there to help. This session is open to anybody interested in being a part of the discussions about what issues young adults are facing these days and who is out there to offer support. The bulk of the class will be the compilation of resources and the creation of a guide for people in this community in order to reach out in their greatest times of need.

**Begins:** Thursday 1/21 (15wks)

**Time:** 4:00PM-5:30PM

**Fee:** Free

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Fairy Tales & Their Evolution Through Time**

**Instructor:** Donna Stevens

There are many old fairy tales that we grew up hearing and loving. So many films and books take on the same story lines and lessons. Join us for indepth discussion on where these stories come from and how they have changed over the years. You may be very surprised to find that there is a much darker and Grimm side to many of our favorite stories! Be prepared to talk about societal values that shape these changes. This is Part II of the spring English course.

**Begins:** Wednesday 3/3 (5wks)

**Time:** 5:30PM-8:30PM

**Fee:** \$50.00 for non HSD students

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

### **Expansion of Land and Power 1800-1900**

**Instructor:** Corinna Miller

Come discover how America grew and the struggles that many shared throughout the 1800's in American History. We'll discuss the challenges faced by African Americans, women, Native Americans and other groups. This class is worth one third of a high school credit toward electives or the U.S. History requirement. This is Part II of the three-part U.S. History topics course this semester. Enrichment seekers are welcome to join and assignments will be optional.

**Begins:** Monday 3/8 (5wks)

**Time:** 5:30PM-8:30PM

**Fee:** \$50.00 for non HSD students

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

## English Literature Focus

**Instructor:** Travis Crafts

This is the third and final section of the three-part English course offering for the spring semester. Focus will be on reading a literary text with a scholarly eye and pulling meaning from what you read. Topics to be covered will be character analysis, the significance of names and places, themes, word choice, and social impact of famous pieces of literature. There will be essay work to demonstrate understand of literary concepts. Enrichment seekers are welcome to join.

**Begins:** Wednesday 4/7 (5wks)

**Time:** 5:30PM-8:30PM

**Fee:** \$50.00 for non HSD students

**Material Fee:** Book Deposit may be required

**Location:** LACE 19 Gartley Street Lisbon

## What Does Equality Mean in 1900-Present?

**Instructor:** Corinna Miller

Come join us as we look at Rosa Parks, Martin Luther King Jr. as well as women and Native Americans. Become inspired by their determination to become equal in American society! This course is worth one third of a high school credit toward elective fulfillment or fulfillment of the U.S. History requirement. This is Part III of the three-part U.S. History topics course this semester. Enrichment seekers are welcome to join and assignments will be optional.

**Begins:** Monday 4/12 (5wks)

**Time:** 5:30PM-8:30PM

**Fee:** \$50.00 for non HSD students

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

## Adult Basic Education

**Instructor:** Various Adult Education Staff

If someone you know has difficulty with reading, writing, and math or has difficulty speaking English because it is not his or her primary language, we can help. Tutors provide one-to-one instruction based on the individual student's needs. This program is confidential. This program is free to residents of Lisbon and Lisbon Falls. Students may enroll at any time, with day and evening sessions available based on the needs of the student.

**Begins:** Tuesday 1/19 (15wks)

**Time:** Various Times

**Fee:** Free

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

## Economics and Politics in Enviro Science

**Instructor:** Adam St. Hilaire

The goal for this unit is that students will have developed enough knowledge about the Earth and its natural systems to discuss efficiently without relying on personal opinions that were present before taking the class. Students that are taking only this section (not enrolled in Units 1 and 2) will get exposure to applying science to two problems that are at the crossroads of economics and politics; energy and food. Enrichment seekers are welcome to join these discussions.

**Begins:** Thursday 4/8 (5wks)

**Time:** 5:30PM-8:30PM

**Fee:** \$50.00 for non HSD students

**Material Fee:** none

**Location:** LACE 19 Gartley Street Lisbon

## GED Testing

**Instructor:** Pat Evanisko & Sue Gerlek

The GED is a state equivalency diploma, which may be earned by passing a five-part exam in the areas of language arts-writing, language arts-reading, social studies, science, and mathematics. A GED can open the door to further education and can improve employment possibilities. Enroll anytime. Accommodations in testing are available for adults with documented disabilities. Please contact the office for more information.

**Begins:** Tuesdays and Thursdays 1/19 (15wks)

**Time:** 6:00PM-8:30PM

**Fee:** Free

**Material Fee:** none

**Location:** LHS 2 Sugg Drive Lisbon Falls

## GED Prep & Study Skills

**Instructor:** Anita Marenus

Come gain confidence in your reading, writing, and mathematics skills as well as prepare for the GED test battery. This course is appropriate for those seeking a high school diploma and need more practice before taking on specific academic requirements. High School Diploma seekers may take this 15 week series for 1 elective credit toward completion for 45 hours worth of work. GED test takers can prepare for all sections of the GED exam and attend as needed for test preparation.

**Begins:** Wednesday 1/20 (15wks)

**Time:** 6:30PM-8:30PM

**Fee:** Free

**Material Fee:** none

**Location:** LHS 2 Sugg Drive Lisbon Falls